

ATHLETIC CLEARANCE

If you want to condition, practice, tryout and/or compete, you must have a CLEARANCE CARD!

MANDATORY FORMS

Completion of ALL forms listed below is **mandatory**.

1. Residential Eligibility Form (including 9th graders)

- ~ If you are a transfer student (attended any other high school other than Roseville), you must see Mrs. Veilleux ASAP to complete mandatory CIF Transfer paperwork.

2. Health History Questionnaire

- ~ **Updated tetanus shot. Must include proof of updated shot for school records with last tetanus dating 2000 or later.**
- ~ All Hep B immunization records
- ~ All signatures and emergency contact numbers including physician.
- ~ **NEW updated annual physical dated on or after June 1, 2009**

3. Athletic Clearance, Parent Permission and Consent to Treat Form

- ~ Health insurance company
- ~ All signatures and dates

4. NEW! RJUHSD Athletic Contribution

Due to the recent dramatic reduction in public funding by the state, and in order to sustain the RJUHSD athletic programs, an Athletic Contribution is being requested. Payment of the RJUHSD Athletic Contribution is due prior to each season of play. Athletes will not be able to compete in any scrimmages, games or contacts until cleared.

First Sport = \$125.00

Second Sport = \$100.00

Third Sport = \$75.00

Where do I find the needed forms?

- ~ You can download all forms from the school website under "Athletics". New 09-10 Athletic Packets will be available on the website in May.
- ~ There may be hard copies of Athletic Packets in the office also in May.

Where do I turn in my paperwork?

- ~ To the Clearance Card box in the office by Mrs. Costa's desk –OR- you can attend the RHS Spring Athletic Physicals on June 2nd and turn in paperwork directly to the Athletic Director.
- ~ Allow 24-48 hours to process paperwork. Incomplete packets will delay processing and clearance.

Where do I pick up my clearance card?

- ~ In the library with Mrs. Taylor during lunch, after school or during summer office hours.
- ~ Only you can pick up your own clearance card.
- ~ If you are picking up your clearance card during the summer, please see the summer open office hours and date schedule.

What do I do with my clearance card?

- ~ This is your ticket into conditioning, practice, tryouts, competition. (including summer training)
- ~ Give your clearance card to the coach, he/she will keep it.
- ~ Coaches will return your clearance card to the library after each season. Only one clearance card is needed for the entire school year.

Do not wait until the last minute to hand in necessary paperwork. Incomplete packets will delay processing.